

Banbury Choral Society January 2022 Guidance for members

Do not come to rehearsal if:

- you have symptoms / feel unwell
- you have tested positive (PCR or Lateral flow)
- you have been told to self isolate
- someone you have close contact with has tested positive
- you are quarantining after a visit abroad

We require you to take a lateral flow test before attending

The venue will be cleaned before our rehearsal / after use

During rehearsal:

- Maintain 1m social distancing at all times Individuals can request a greater distance for themselves - please contact Sian Miller
- Be respectful of each others space
- Wear a face mask when not rehearsing

We will keep doors and windows open for as long possible - consider bringing warm clothing

Sanitise your hands on arrival and regularly after that

Follow any protocols the venue has in place

Sign in to our register

Avoid touching shared surfaces as much as possible

Bring your own music - do not share

Bring your own refreshments & take any rubbish home - the kitchen will be closed

We will provide spare face masks, hand gel and anti-bac wipes, but please help by bringing your own Even if you have been vaccinated, you will need to comply with these rules: If you do not comply, you will jeopardise our ability to hold rehearsals in future